



Choosing an Assisted Living Facility

When visiting different assisted living facilities, it is important to keep the following in mind:

Living area and accommodations

- Is the community well-designed for the residents' needs? Does it include safety features?
- What types of units are available and what are the costs?
- Does the staff greet you warmly? Do they call the residents by name?
- Do the residents socialize with each other and appear happy?
- Talk with the residents. Do they seem like people your loved one would enjoy getting to know?
- Is the food nutritious, appetizing, and prepared to dietary restrictions?

Personal Care and Services

- What professionals are on staff?
- What are their qualifications and availability?
- Are there custodial care services offered?
- What social, recreational and fitness programs are available?

Licensing and Costs

- Does the facility meet local and state licensing requirements?
- Is government, private or corporate assistance available?
- What are the costs for additional fees for extra services?
- Do residents receive a written care plan that is periodically reviewed and adjusted?